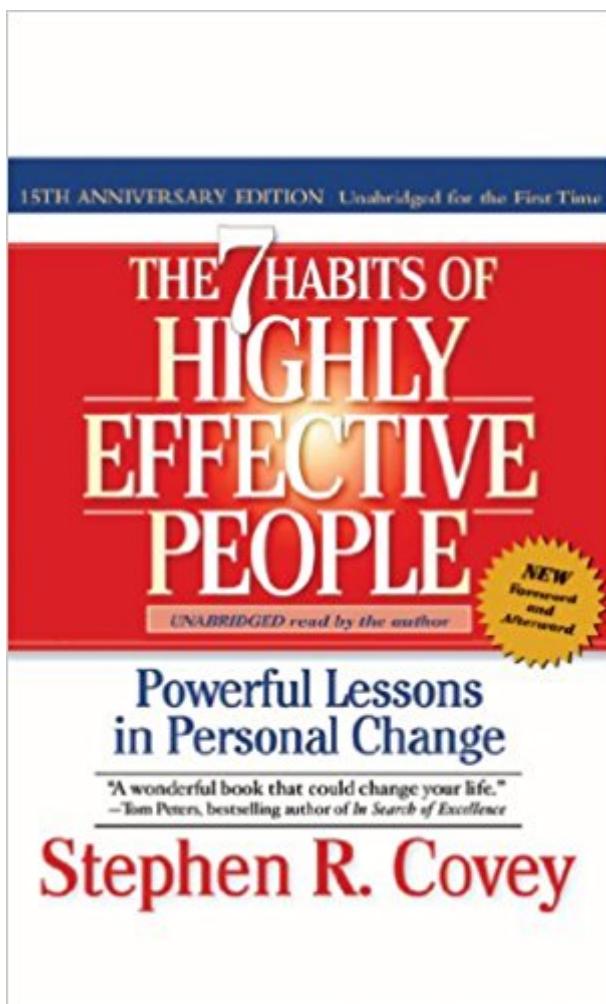


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# The 7 Habits Of Highly Effective People (Unabridged Audio Program)



## **Synopsis**

THE 7 HABITS OF HIGHLY EFFECTIVE PEOPLE is recognized as one of the most influential audio-books ever recorded. In this seminal work, Stephen R. Covey presents a holistic, integrated, principle-centred approach for solving personal and professional problems. With penetrating insights and pointed anecdotes, Covey reveals a step-by-step pathway for living with fairness, integrity, honesty and human dignity - principles that give us the security to adapt to change, and the wisdom and power to take advantage of the opportunities that change creates. The 7 Habits have become so famous because they work. From Habit 1: Be Proactive and Habit 2: Begin with the End in Mind, millions of people have worked their way through the 7 and found in them a key to transforming their lives. Translated into thirty-four languages THE 7 HABITS OF HIGHLY EFFECTIVE PEOPLE has been the key to the success of legions of business leaders and individuals the world over.

## **Book Information**

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## **Customer Reviews**

The 7 Habits of Highly Effective People: Powerful Lessons in Personal Change was a groundbreaker when it was first published in 1990, and it continues to be a business bestseller with more than 10 million copies sold. Stephen Covey, an internationally respected leadership authority, realizes that true success encompasses a balance of personal and professional effectiveness, so this book is a manual for performing better in both arenas. His anecdotes are as frequently from family situations as from business challenges. Before you can adopt the seven habits, you'll need to accomplish what Covey calls a "paradigm shift"--a change in perception and interpretation of how the world works. Covey takes you through this change, which affects how you perceive and act

regarding productivity, time management, positive thinking, developing your "proactive muscles" (acting with initiative rather than reacting), and much more. This isn't a quick-tips-start-tomorrow kind of book. The concepts are sometimes intricate, and you'll want to study this book, not skim it. When you finish, you'll probably have Post-it notes or hand-written annotations in every chapter, and you'll feel like you've taken a powerful seminar by Covey. --Joan Price --This text refers to an out of print or unavailable edition of this title.

John Pepper President, Procter and Gamble I've never known any teacher or mentor on improving personal effectiveness to generate such an overwhelmingly positive reaction....This book captures beautifully Stephen's philosophy of principles. I think anyone reading it will quickly understand the enormous reaction I and others have had to Dr. Covey's teachings. --ReviewKen M.

RadziwanowskiAT&T School of BusinessPicture someone going through the best experience they've ever had in terms of training --that's what they say. People credit The 7 Habits with changing their lives, with getting back on track personally and professionally.

This is, hands down, one of the best and most powerful books I've ever read in my life. I have recommended it to countless people. The fact that you're seeking it out says volumes about your level of self-awareness as it is and this book builds on that. Very seldom do books really make me get involved when I read them, but this book made me break out my highlighter and notepad. There was so much good stuff I just had to take notes I could quickly reference. You know how some books make you say things out loud? You'll read something and say, "YES! EXACTLY!" or read something profound and just sit dumbfounded, going "Wow," and you have to take a moment to reflect on it? This book is full of moments like that. There is a lot of practical stuff in here, too. Challenges for you. Ways you can start to shift your thinking by taking an emotional inventory of your life and what you're doing/feeling every day. Just writing about it makes me want to go back and read it again. If you're here looking for a book that will help you harness that little spark inside of you that's saying, "You can be better" then this book is it. You're not an animal. Life doesn't condition you like a dog. This book is about the untouchable part of your human spirit that no one besides you controls. This book is about carrying sunny weather with you where ever you go, learning how much a proactive attitude benefits you, and really how sad and wasteful it is to walk through life allowing things to ruin your day. Things don't ruin your day. YOU ruin your day. You are always in control. Seriously, read this book. You won't regret it.

I really loved the way the 7 habits were presented. This is a book that ought to be studied.. I would recommend the work book to get the fullest experience! Amazing Read. It will change your life.

I only have 2 critical assessments of this book:1) The title seems to describe a book centered on productivity at work; it is far more than that.2) It might be a little too complex for my international wife to read it. This is a shame because this book is steeped in some very intrinsic principles that life based upon - regardless of religion, culture, or personal belief. It is something that should be accessible for all. That being said, however, this is a phenomenal book. It's sort of like a Fodor's guide to life. The reason I make this comparison is because like any guide book, you can take or leave whatever suggestion or direction that is laid out for you to ponder. However, the guide is based on a relatively unchanging landscape and using its navigation can help make travel through all areas of life more enriched, educational, and leave you at peace with the decisions you make. It is a classic and highly recommended tome for a reason and I will say that if you are truly looking for perspectives on personal change, and are sincerely open to evaluating the core values in your life, this is a great book to guide you.

Did not invent the wheel. It is a good book but I wouldn't validate the same hype given to it by others.

One of the best. Well worth the reading.

Great book. Very inspiring.

Arrived promptly. Great advice - of course.

Still as effective as when I took the course years ago.

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